

Pos	Bib	Name	Gender	Club	Age	Finish	Chiptime	FirstHalf	SecondHalf
1	1	Alan O'Shea	Male	Bantry AC	31	1:07:00	1:06:58	0:32:44	0:34:16
2	2	Vinny Mulvey	Male	Raheny Shamrocks AC	33	1:07:34	1:07:33	0:33:29	0:34:05
3	3	Gary O'Hanlon	Male	Clonliffe Harriers	37	1:08:00	1:07:59	0:33:37	0:34:23
4	216	Martin Doody	male	Limerick AC	35	1:10:13	1:10:11	0:34:54	0:35:19
5	6	Philip Harty	Male	Donore Harriers	32	1:10:36	1:10:35	0:34:57	0:35:40
6	4	Rory McDonnell	Male	Dunboyne AC	25	1:12:13	1:12:11	0:35:01	0:37:12
7	148	kevin wilmot	male	Bandon AC	29	1:14:28	1:14:26	0:36:42	0:37:46
8	414	Danny Smith	male	Ballynonty ac	33	1:14:44	1:14:42	0:36:42	0:38:02
9	5	Feidhlim Kelly	Male	Raheny Shamrocks AC	28	1:16:56	1:16:53	0:38:56	0:38:00
10	9	John Travers	Male	Donore Harriers	20	1:16:57	1:16:55	0:38:56	0:38:01
11	113	Vasiliy Neumerzhitskiy	male	Clonmel A.C.	45	1:17:50	1:17:47	0:38:47	0:39:03
12	161	johnny o sullivan	male	galtee runners	39	1:19:01	1:18:58	0:39:02	0:39:59
13	100	KEVIN SMITH	male	MIDDLETON AC	35	1:19:09	1:19:06	0:38:47	0:40:22
14	395	Sean Stilwell	male	West Waterford ac	24	1:19:30	1:19:28	0:39:42	0:39:49
15	292	liam slattery	male		37	1:19:41	1:19:38	0:39:41	0:40:00
17	375	Martin Keane	male	Dundrum AC	32	1:20:02	1:19:44	0:40:33	0:39:30
16	439	Niall o' Riordan	male	West Limerick AC	33	1:20:01	1:19:59	0:40:34	0:39:28
18	298	Valera Turcan	male	Clonmel A/C	41	1:20:24	1:20:21	0:39:25	0:41:00
19	391	Michael Houlihan	male	St Finbarrs AC	28	1:20:29	1:20:26	0:39:52	0:40:37
20	255	MICHAEL REJMER	male		34	1:20:43	1:20:40	0:40:07	0:40:36
21	215	Joe Coffey	Male			1:20:48	1:20:45	0:39:35	0:41:13
22	301	Shane Simcox	male	Mallow	36	1:20:53	1:20:51	0:39:41	0:41:12
23	7	Angela McCann	Female	Clonmel AC	40	1:21:04	1:21:00	0:39:51	0:41:13
24	168	Carl Lyons	male		31	1:22:27	1:22:24	0:41:43	0:40:45
25	409	Dermot Kearns	male	West Limerick AC	40	1:22:31	1:22:29	0:38:02	0:44:30
26	302	donal keane	male	dundrum	35	1:22:31	1:22:31	0:40:34	0:41:58
27	32	Grellan McGrath	Male	Eagle AC	45	1:22:32	1:22:32	0:40:35	0:41:57
28	430	Michael Dunfort	male	west waterford ac	45	1:22:51	1:22:47	0:41:31	0:41:20
29	342	John Beecher	male	Galtee Runners AC	28	1:23:03	1:22:56	0:41:30	0:41:34
30	223	Fergal Grogan	male		36	1:22:59	1:22:57	0:41:31	0:41:28
31	18	Ian O'Sullivan	Male	East Cork	36	1:23:16	1:23:12	0:41:24	0:41:52
32	326	Brian Murphy	male		38	1:23:26	1:23:23	0:41:07	0:42:19
33	10	Tracey Roche	female	Dooneen	29	1:23:31	1:23:29	0:40:39	0:42:53
34	249	Michael Moore	male	Dundrum AC	49	1:23:42	1:23:39	0:41:56	0:41:46
35	34	Dave Lyons	male	Mallow AC	34	1:23:53	1:23:51	0:41:35	0:42:19
36	279	kevin shelly	male	ballynonty ac	38	1:24:47	1:24:43	0:41:25	0:43:22
37	8	Emma Murphy	Female	St. Finbarrs	28	1:24:54	1:24:50	0:42:43	0:42:11
38	412	Richard O' Gorman	male	Clonmel A/C	46	1:25:20	1:25:17	0:41:31	0:43:50
39	288	joe o sullivan	male	bandon AC	50	1:25:45	1:25:42	0:42:21	0:43:24

40	284	colin walsh	male		36	1:26:03	1:25:59	0:42:02	0:44:01
41	315	richie o donnell	male	sixmilebridge milers	34	1:26:00	1:25:59	0:42:16	0:43:45
42	432	John Hannon	male		35	1:26:05	1:26:01	0:43:14	0:42:52
43	325	Rory O'Sullivan	male		34	1:26:08	1:26:05	0:42:48	0:43:21
44	600	neil o conaill	male	st finbarrs	46	1:26:10	1:26:05	0:43:20	0:42:51
45	332	neilus aherne	male	midletonac	55	1:26:14	1:26:09	0:42:48	0:43:27
46	206	Ann Marie Holland	Female	Eagle AC	36	1:26:18	1:26:12	0:42:43	0:43:35
47	327	grogan brian	male		45	1:26:28	1:26:23	0:42:42	0:43:46
48	311	Edward Forde	male	Galtee Runners	39	1:27:02	1:26:55	0:42:49	0:44:14
49	368	geraldine o'shea	female	st finbarrs	43	1:27:01	1:26:55	0:42:34	0:44:27
50	285	Tim O'Brien	male		24	1:27:09	1:27:01	0:43:47	0:43:22
51	434	John Hogan	male	Mallow ac	37	1:27:07	1:27:01	0:42:28	0:44:39
52	147	Tracy Guilfoyle	female	Kilnaboy AC	46	1:27:14	1:27:10	0:43:48	0:43:26
53	286	william burke	male	Maree	38	1:27:42	1:27:37	0:43:12	0:44:30
54	153	Paul O'Toole	male	St Finbarrs	48	1:27:54	1:27:51	0:43:38	0:44:16
55	280	Michael Byrne	male		30	1:27:56	1:27:51	0:44:08	0:43:49
56	314	Conor McMahon	male	West Muskerry ac	45	1:28:06	1:28:01	0:43:43	0:44:23
57	319	Ian Dorgan	male	Eagle AC	38	1:28:09	1:28:06	0:43:09	0:45:01
58	33	Alan Barry	male		37	1:28:24	1:28:17	0:43:45	0:44:40
59	348	Eamon Collins	male		28	1:28:44	1:28:36	0:44:40	0:44:05
60	271	jim browne	male		46	1:28:43	1:28:40	0:43:28	0:45:15
61	431	Sammy Lynch	male		35	1:28:48	1:28:40	0:44:35	0:44:14
62	601	Gerry Fahy	male	Craughwell AC	43	1:28:46	1:28:41	0:44:33	0:44:14
63	260	Adam Duchnicz	male	MIDDLETON A.C.	39	1:28:52	1:28:48	0:42:51	0:46:01
64	246	Eddie Byrne	male	Eagle AC	45	1:28:49	1:28:49	0:44:34	0:44:15
65	49	AJ Murphy	male	None	47	1:29:01	1:28:50	0:46:29	0:42:32
66	264	Eamonn Carroll	male	St Finbarrs	47	1:28:59	1:28:51	0:43:33	0:45:26
67	441	Fergal Barry	male	Gneeveguilla A.C.	43	1:29:03	1:28:56	0:42:19	0:46:44
68	304	Tim Healy	male	none	47	1:29:02	1:28:57	0:44:35	0:44:27
69	416	Michael Carey	male	Coolquill	34	1:29:16	1:29:07	0:43:02	0:46:15
70	238	Edward Mc Donnell	male	Mallow AC	41	1:29:19	1:29:09	0:44:49	0:44:31
71	351	John Browne	male		38	1:29:25	1:29:13	0:44:48	0:44:37
72	16	Ed Murphy	Male	gneeveguilla ac	29	1:29:22	1:29:18	0:44:34	0:44:48
73	427	john Dunphy	male	eagle ac	42	1:29:23	1:29:18	0:45:02	0:44:21
74	388	Ted O' Flynn	male	st Finbarrs Ac	51	1:29:29	1:29:19	0:42:57	0:46:32
75	204	Nicholas Moloney	Male	West Limerick AC	31	1:29:36	1:29:22	0:44:33	0:45:03
76	446	Maurice Tobin	male	Grange fermoy	61	1:29:36	1:29:32	0:44:32	0:45:04
77	41	david hanlon	male	na	35	1:29:43	1:29:35	0:44:15	0:45:29
78	329	Micheal Lucey	male	Cork Tri Club	41	1:29:45	1:29:41	0:44:36	0:45:10
79	387	Pat Burke	male	galway city harriers	44	1:29:49	1:29:45	0:44:35	0:45:14
80	403	James Ryan	male		46	1:29:54	1:29:47	0:43:47	0:46:07

81	428	Liam Casey	male	Clonmel A/C	43	1:30:07	1:30:02	0:42:02	0:48:06
82	453	Donal Twomey	male	West Muskerry ac	40	1:30:11	1:30:04	0:43:49	0:46:23
83	268	sean o sullivan	male	midleton ac	41	1:30:37	1:30:23	0:45:06	0:45:31
84	42	pat morrissey	male		37	1:30:31	1:30:25	0:44:33	0:45:58
85	328	Mike Cooney	male	-	42	1:30:32	1:30:26	0:44:35	0:45:57
86	323	peter fitzgerald	male	Tri-Hard's	38	1:30:39	1:30:34	0:44:36	0:46:03
87	610	brian o connor	male	grange fermoy	38	1:30:59	1:30:54	0:43:22	0:47:37
88	295	Pat Healy	male	Mallow a/c	35	1:31:11	1:30:59	0:45:32	0:45:40
89	61	eoin murphy	male		40	1:31:11	1:31:06	0:44:44	0:46:27
90	262	Neil Mackay	male	Eagle AC	41	1:31:20	1:31:16	0:44:30	0:46:50
91	87	mark bulman	male	donoughmore ac	48	1:31:27	1:31:17	0:44:43	0:46:45
92	429	Patrick Moloney	male	West Limerick AC	57	1:31:28	1:31:26	0:42:37	0:48:51
93	195	Seamus Cawley	male	Westlimerick	52	1:31:38	1:31:30	0:45:30	0:46:09
94	270	john oleary	male		40	1:31:37	1:31:35	0:44:53	0:46:44
95	384	Neil O' Donovan	male		33	1:32:18	1:31:52	0:46:57	0:45:21
96	357	John-Alan O'Brien	male	NA	28	1:32:05	1:32:00	0:45:30	0:46:36
97	604	kieran Lynch	male		38	1:32:13	1:32:01	0:45:08	0:47:06
98	461	Billy O' Regan	male		44	1:32:37	1:32:31	0:44:45	0:47:53
99	45	Michael Dolphin	male	Cloyne	32	1:32:40	1:32:35	0:44:47	0:47:53
100	400	John O' Mahony	male		44	1:32:54	1:32:43	0:45:00	0:47:55
101	423	Denis Kelleher	male	Midleton ac	47	1:32:53	1:32:47	0:47:26	0:45:28
102	68	kevin kelly	male		41	1:33:14	1:33:04	0:46:19	0:46:56
103	111	Noel Daly	male	Mallow AC	38	1:33:21	1:33:10	0:45:32	0:47:49
104	225	kieran mulcahy	male		43	1:33:28	1:33:15	0:47:34	0:45:54
105	273	Chris Murphy	male	Millstreet	41	1:33:42	1:33:37	0:45:42	0:48:00
106	350	Liam Kennedy	male		39	1:33:52	1:33:39	0:45:45	0:48:07
107	419	Martin Kilkenny	male		28	1:33:48	1:33:41	0:44:35	0:49:14
108	411	Kevin Long	male	Dooneen	41	1:34:00	1:33:48	0:45:58	0:48:03
109	207	Gerard Cagney	Male		43	1:34:10	1:34:02	0:44:43	0:49:27
110	154	Keith McInerney	male	None	39	1:34:22	1:34:12	0:47:13	0:47:09
111	349	seamus madigan	male	kanturk	45	1:34:24	1:34:17	0:45:03	0:49:22
112	181	Balazs Kocsis	male	-	31	1:34:34	1:34:21	0:47:40	0:46:54
113	467	Michael Dooley	male	eagle ac	45	1:34:49	1:34:37	0:47:34	0:47:16
114	90	Allan Mc Namara	male		41	1:34:55	1:34:38	0:46:50	0:48:05
115	257	Stephen Creedon	male	Mallow Ac	34	1:35:00	1:34:46	0:47:25	0:47:35
116	398	Tony Delaney	male	Dundrum AC	46	1:35:03	1:34:46	0:46:21	0:48:42
117	256	Eoin Butler	male		37	1:34:57	1:34:51	0:46:26	0:48:31
118	320	Noel O'Riordan	male	N/A	36	1:35:16	1:34:52	0:47:58	0:47:18
119	118	patrick Nolan	male	none	40	1:35:06	1:34:56	0:47:45	0:47:21
120	609	Eoin Woolley	male	Nenagh Tri Club	31	1:35:13	1:35:04	0:46:27	0:48:46
121	422	John Paul Buckley	male	Millstreet	31	1:35:21	1:35:07	0:48:14	0:47:07

122	99	Niall McGuinness	male		35	1:35:25	1:35:11	0:48:01	0:47:25
123	242	Sean Manning	male	Kilfinane AC	39	1:35:17	1:35:11	0:44:41	0:50:37
124	612	joan ennis	female	grange fermoy	46	1:35:18	1:35:13	0:47:33	0:47:46
125	186	William Hogan	male	Bandon	32	1:35:35	1:35:17	0:46:48	0:48:48
126	346	Paul O'Meara	male		33	1:35:39	1:35:23	0:47:33	0:48:07
127	205	Tom Prendergast	Male	Clare Crusaders	40	1:35:44	1:35:31	0:47:57	0:47:47
128	334	Anna Doris	female	Midleton AC	41	1:35:41	1:35:34	0:47:45	0:47:57
129	193	Niall O'Callaghan	male	Mallow AC	35	1:35:55	1:35:50	0:46:43	0:49:13
130	366	Robbie Kenneally	male		37	1:35:59	1:35:52	0:47:59	0:48:01
131	76	brendan flanagan	male		38	1:35:58	1:35:58	0:46:37	0:49:22
132	355	james mckenna	male		42	1:36:21	1:36:09	0:48:18	0:48:04
133	442	Patrick Murphy	male		35	1:36:19	1:36:11	0:47:54	0:48:26
134	435	Anna Maria Borkowska	female	Mallow ac	35	1:36:25	1:36:15	0:46:44	0:49:42
135	263	sharon woods	female	mallow ac	36	1:36:31	1:36:19	0:47:49	0:48:43
136	50	Clotilde Fitzgibbon	female	Grange Fermoy AC	43	1:36:29	1:36:24	0:47:26	0:49:04
137	28	Denis Cronin	male	Mallow AC	48	1:36:29	1:36:25	0:47:43	0:48:46
138	278	Tim joe Buckley	male	Donoughmore	60	1:36:39	1:36:29	0:48:49	0:47:51
139	143	Paul Cotter	male	-	36	1:37:07	1:36:51	0:49:25	0:47:42
140	318	Charlie Byrd	male		48	1:37:15	1:37:04	0:46:28	0:50:47
141	227	Paul Cotter	male	Eagle AC	53	1:37:22	1:37:10	0:47:45	0:49:38
142	321	kevin power	male	none	44	1:37:25	1:37:19	0:46:30	0:50:56
143	178	kevin wilkinson	male	Bilboa A.C.	33	1:37:21	1:37:21	0:46:19	0:51:02
144	144	denise Twohig	female	st Flnbarrs	37	1:37:34	1:37:22	0:47:44	0:49:50
145	217	Tony Meaney	male		45	1:37:52	1:37:29	0:49:45	0:48:07
146	367	Garrett Allen	male		33	1:37:48	1:37:31	0:49:42	0:48:06
147	436	John Carey	male	Midleton ac	45	1:37:42	1:37:31	0:47:56	0:49:46
148	421	Denis Sheehan	male	Mallow AC	49	1:37:58	1:37:45	0:48:07	0:49:52
149	60	John O'Riordan	male	Rising Sun AC	57	1:37:54	1:37:46	0:47:50	0:50:04
150	106	Barry O'Brien	male		37	1:38:04	1:37:48	0:48:06	0:49:58
151	240	Brian OCallaghan	male	Mallow AC	43	1:38:09	1:37:54	0:49:58	0:48:12
152	383	Brendan Kidney	male	Ballymore-Cobh AC	34	1:38:16	1:37:56	0:49:50	0:48:26
153	96	Colie Gorman	male	Mallow A.C	30	1:38:12	1:37:58	0:49:26	0:48:46
154	418	Ned o'Brien	male	Clonmel A/C	56	1:38:01	1:37:58	0:48:57	0:49:04
155	22	April Pouch	female	None	30	1:38:05	1:37:59	0:48:53	0:49:12
156	415	Frank Lynch	male	Clonmel A/C	38	1:38:08	1:38:03	0:48:57	0:49:12
157	29	Susan O' Hanlon	female	Donoughmore A.C.	34	1:38:37	1:38:28	0:49:38	0:48:59
158	198	Tom Enright	male	Bridge Milers	38	1:38:48	1:38:41	0:48:40	0:50:08
159	221	Adrian Collins	male		29	1:38:53	1:38:44	0:45:47	0:53:07
160	23	cathal daly	male	charleville	38	1:39:13	1:38:50	0:49:15	0:49:58
161	259	Tim Murphy	male	St. Finbarrs AC	47	1:39:00	1:38:51	0:48:58	0:50:02
162	158	Thomas Moloney	male		35	1:39:10	1:38:57	0:48:56	0:50:14

163	214	Michael Fenton	Male		39	1:39:12	1:39:00	0:48:00	0:51:12
164	192	Val Farrell	male		38	1:39:21	1:39:04	0:48:50	0:50:32
165	226	John Joseph O Donovan	male	shanballymore	51	1:39:24	1:39:04	0:50:15	0:49:10
166	123	Michael Collins	male		39	1:39:41	1:39:24	0:49:50	0:49:52
167	152	stephen o'mahony	male		30	1:39:29	1:39:24	0:48:46	0:50:43
168	608	Robert Lee	male		39	1:39:34	1:39:26	0:47:59	0:51:35
169	613	pat o keeffe	male		43	1:39:47	1:39:27	0:49:53	0:49:55
170	287	jean o'connor	female	galway city harriers	31	1:39:35	1:39:30	0:47:51	0:51:45
171	393	Cathal Hickey	male	Ballincollig AC	39	1:39:52	1:39:41	0:48:42	0:51:10
172	224	ger moore	male	n/a	42	1:39:44	1:39:44	0:48:47	0:50:58
173	267	George Rickard	male	Mallow AC	37	1:40:02	1:39:47	0:52:12	0:47:51
174	374	Pakie O'Riordan	male	West Limerick AC	50	1:40:03	1:39:52	0:47:36	0:52:28
175	474	Richard lenihan	male	West Limerick AC	58	1:40:23	1:39:58	0:49:44	0:50:39
176	303	Elaine Guinane	female	Eagle AC	34	1:40:11	1:40:03	0:48:48	0:51:23
177	356	John Greensmith	male		36	1:40:28	1:40:04	0:51:18	0:49:10
178	313	John Gahan	male		38	1:40:20	1:40:05	0:49:42	0:50:39
179	155	Jerry O'Regan	male	Mallow AC	37	1:40:32	1:40:16	0:49:56	0:50:37
180	261	Paul Whelan	male	Doneen AC	34	1:40:32	1:40:19	0:49:45	0:50:48
181	404	Denis O' Callaghan	male	Glanmire	45	1:40:32	1:40:25	0:48:20	0:52:13
182	324	James O' Halloran	male	Sixmilebridge Milers	26	1:40:46	1:40:27	0:50:06	0:50:41
183	603	sophie kiely	female		34	1:40:41	1:40:31	0:48:59	0:51:43
184	401	Michael Corcoran	male	eagle ac	36	1:40:52	1:40:32	0:49:53	0:50:59
185	462	Richard Forrest	male		41	1:40:56	1:40:44	0:48:42	0:52:14
186	172	colm sheehan	male	no	42	1:41:05	1:40:49	0:49:30	0:51:36
187	156	Patrick O'Brien	male	North Cork A.C	66	1:41:12	1:40:57	0:49:49	0:51:23
188	396	Sean Shanahan	male	Galtee Runners	45	1:41:19	1:41:01	0:49:49	0:51:30
189	105	Mary Buckley	female	Donoughmore	46	1:41:14	1:41:04	0:49:53	0:51:22
190	312	kieran sweeney	male		31	1:41:20	1:41:06	0:48:26	0:52:54
191	291	Sinnead Oakes	female	Nenagh Olympic	35	1:41:19	1:41:10	0:48:59	0:52:20
192	218	Alan Mc Auley	male		32	1:41:34	1:41:16	0:51:43	0:49:52
193	241	patrick o mahony	male		43	1:41:22	1:41:16	0:48:44	0:52:39
194	93	john anthony mccarthy	male	n/a	52	1:41:38	1:41:21	0:49:27	0:52:12
195	179	Pat O' Callaghan	male		42	1:41:31	1:41:22	0:49:22	0:52:10
196	89	Bob moloney	male	Cobh Tri club	34	1:41:49	1:41:45	0:47:10	0:54:39
197	438	edel Kelleher	female	BHAA	43	1:41:58	1:41:47	0:50:31	0:51:28
198	108	richard kenneally	male		41	1:42:18	1:42:04	0:49:41	0:52:38
199	129	stephen murphy	male	Mallow AC	53	1:42:22	1:42:08	0:51:09	0:51:13
200	164	John Holland	male	Mallow AC	62	1:42:30	1:42:16	0:49:50	0:52:40
201	266	Bernard Scully	male		39	1:42:23	1:42:17	0:49:52	0:52:32
202	69	Colm O'Shea	male		40	1:42:31	1:42:20	0:50:16	0:52:15
203	132	Liam O'Carroll	male		38	1:42:33	1:42:27	0:49:52	0:52:41

204	212	David Condon	Male	West Limerick AC	56	1:42:42	1:42:28	0:50:29	0:52:14
205	299	Ted O'Leary	male	west waterford ac	42	1:43:10	1:42:45	0:50:34	0:52:37
206	62	Michael Lyne	male	N/A	27	1:43:08	1:42:48	0:51:51	0:51:17
207	337	Simona Coppola	female	Limerick Tri	37	1:42:57	1:42:50	0:50:19	0:52:38
208	425	michael Hennessy	male		39	1:42:57	1:42:50	0:50:52	0:52:06
209	390	Billy Kinnane	male		56	1:42:58	1:42:51	0:50:51	0:52:07
210	445	Vincent Buckley	male	Donoughmore	38	1:43:13	1:42:57	0:52:19	0:50:55
211	463	Niall Lynch	male		34	1:43:27	1:43:00	0:52:20	0:51:08
212	464	David Fleming	male		44	1:43:15	1:43:04	0:52:58	0:50:18
213	35	Colman O'Hanlon	male	Mallow AC	38	1:43:24	1:43:09	0:51:09	0:52:15
214	447	John Robinson	male		41	1:43:31	1:43:18	0:50:14	0:53:17
215	448	Bartholomew Kearney	male	leevale ac	54	1:43:33	1:43:28	0:51:41	0:51:53
216	468	Marie Murphy	female	Midleon ac	33	1:43:37	1:43:29	0:50:48	0:52:49
217	73	Kevin Quilligan	male	Mallow AC	54	1:43:48	1:43:32	0:51:47	0:52:01
218	142	Denis Davern	male	Galtee Runners	47	1:43:54	1:43:32	0:52:23	0:51:31
219	109	jane reeves	female	craughwell ac	44	1:43:49	1:43:39	0:51:25	0:52:24
220	119	Tom Meany	male		45	1:44:01	1:43:49	0:52:10	0:51:51
221	386	Orla Houlihan	female		26	1:44:15	1:44:01	0:51:16	0:52:59
222	234	alan wiggins	male		44	1:44:23	1:44:08	0:47:48	0:56:36
223	330	Gary Stutte	male		54	1:44:17	1:44:09	0:51:47	0:52:30
224	17	George Murray	Male	north cork ac	38	1:44:20	1:44:12	0:52:18	0:52:02
225	169	Loretto Duggan	female	St.Marys Clare	38	1:44:20	1:44:13	0:48:26	0:55:54
226	345	Verena Tarpey	female	West Limerick AC	39	1:44:22	1:44:15	0:51:48	0:52:35
227	19	John Brady	Male	North Cork A.C	55	1:44:22	1:44:16	0:52:18	0:52:05
228	283	francis maunsell	male	midleton	39	1:44:49	1:44:37	0:50:59	0:53:50
229	196	Ronan Butler	male		40	1:44:49	1:44:40	0:50:52	0:53:57
230	277	Ita Browne	female		37	1:45:03	1:44:40	0:52:19	0:52:44
231	471	Conor Fox	male	Donoughmore	40	1:45:15	1:44:53	0:55:10	0:50:05
232	437	Kevin O' Driscoll	male	eagle ac	60	1:45:15	1:45:03	0:52:24	0:52:52
233	281	Paul Aherne	male	none	37	1:45:23	1:45:05	0:49:16	0:56:08
234	245	sean macsweeney	male		47	1:45:15	1:45:07	0:52:10	0:53:05
235	65	caroline Kelly	female	Mallow AC	42	1:45:23	1:45:15	0:51:24	0:54:00
236	402	Eamonn Murphy	male		52	1:45:37	1:45:22	0:52:13	0:53:25
237	27	Liam Murphy	male	Mallow AC	38	1:45:41	1:45:30	0:52:57	0:52:45
238	617	Brian Quain	male		29	1:45:30	1:45:30	0:51:18	0:54:13
239	353	Patricia McNamara	female	West Limerick AC	43	1:45:43	1:45:34	0:53:47	0:51:57
240	373	Michael Clancy	male	None	45	1:45:45	1:45:37	0:52:24	0:53:21
241	440	Irene Eignan	female	St Finbarrs ac	31	1:45:58	1:45:41	0:53:20	0:52:38
242	177	Michael Collins	male	Bridge Milers	32	1:46:01	1:45:44	0:51:44	0:54:18
243	254	Michael Mackessy	male		32	1:45:59	1:45:45	0:52:19	0:53:40
244	300	Brenda Doody	female		41	1:46:00	1:45:51	0:52:29	0:53:31

245	385	Denis Cogan	male		36	1:46:17	1:45:51	0:51:17	0:55:00
246	67	liam o'donoghue	male		39	1:46:10	1:45:58	0:52:21	0:53:50
247	52	Darren Sheehan	male		40	1:46:29	1:46:05	0:53:24	0:53:05
248	163	catherine o sullivan	female	galtee runners	37	1:46:28	1:46:11	0:52:30	0:53:59
249	58	bluett cora	female		36	1:47:01	1:46:43	0:53:00	0:54:02
250	417	Miriam O' Gorman	female	Clonmel A/C	43	1:47:01	1:46:43	0:53:14	0:53:48
251	243	Gerard O'Brien	male		48	1:46:55	1:46:44	0:52:20	0:54:35
252	124	Eoghan Keena	male	Mallow	28	1:46:52	1:46:45	0:49:04	0:57:48
253	258	stephen hinchy	male		31	1:47:10	1:46:47	0:52:27	0:54:44
254	83	Sean O Riordan	male		44	1:47:09	1:46:48	0:52:08	0:55:01
255	413	Laura Burke	female		28	1:47:05	1:46:56	0:51:52	0:55:13
256	336	John Sheehan	male	n/a	36	1:47:28	1:47:03	0:50:34	0:56:55
257	54	Brendan Hamilton	male		44	1:47:36	1:47:09	0:51:19	0:56:18
258	379	Denis Sheehan	male		61	1:47:36	1:47:11	0:55:13	0:52:23
259	232	Don Golden	male	Donoughmore Athletic Club, Cork	36	1:47:40	1:47:17	0:55:10	0:52:30
260	211	Ryan Vaughan	Male		48	1:47:24	1:47:19	0:49:48	0:57:36
261	616	John Moloney	male	bridge milers	39	1:47:53	1:47:34	0:55:11	0:52:43
262	265	Selene Kinahan	female		35	1:47:49	1:47:35	0:51:08	0:56:41
263	363	pat o riordan	male	st kevin's	43	1:48:02	1:47:36	0:52:18	0:55:44
264	31	Michael Connern	male		33	1:47:46	1:47:37	0:50:34	0:57:13
265	64	Adam Maryniak	male		30	1:48:09	1:47:51	0:53:27	0:54:42
266	95	Paul Devereux	male		31	1:48:18	1:48:01	0:56:11	0:52:07
267	341	Phil Murphy	male	Bandon AC	49	1:48:20	1:48:02	0:52:39	0:55:42
268	382	Sean Coughlan	male		37	1:48:26	1:48:07	0:53:26	0:55:01
269	116	Mark Walsh	male	N/A	42	1:48:29	1:48:10	0:52:59	0:55:30
270	220	Eleanor Melican	female		36	1:48:42	1:48:17	0:53:24	0:55:18
271	244	MICHAEL MCCORMACK	male	none	36	1:48:45	1:48:25	0:53:26	0:55:19
272	460	Enda Griffin	male		37	1:48:45	1:48:26	0:53:26	0:55:19
273	397	Niamh Yelyerton	female	Newport AC	46	1:48:40	1:48:31	0:54:16	0:54:24
274	57	t.j bluett	male		40	1:48:54	1:48:36	0:53:00	0:55:55
275	141	Christine Murphy	female	Midleton AC	42	1:48:47	1:48:38	0:52:19	0:56:29
276	276	Liam Hogan	male	N/A	29	1:49:05	1:48:38	0:52:21	0:56:44
277	376	Lorna Davey-Fitzgerald	female	Mallow AC	32	1:48:53	1:48:38	0:52:30	0:56:23
278	420	Humphrey Hickey	male	Millstreet	39	1:48:50	1:48:38	0:51:38	0:57:13
279	389	Mossi Leahy	male		38	1:48:53	1:48:44	0:52:13	0:56:41
280	347	Richard O'Byrne	male	n/a	33	1:49:34	1:49:08	0:52:18	0:57:16
281	146	John Hayes	male		38	1:49:21	1:49:09	0:53:22	0:56:00
282	307	Ger Donohue	male		45	1:49:26	1:49:14	0:52:28	0:56:59
283	229	John O Leary	male		33	1:49:27	1:49:17	0:52:58	0:56:30
284	449	Dermot o' Sullivan	male	Mallow AC	42	1:49:41	1:49:27	0:52:57	0:56:45
285	48	Trish Murphy	female	Midleton AC	43	1:50:05	1:49:48	0:55:36	0:54:29

286	173	Helen Hennessy	female	Blackrock AC (South County Dublin)	30	1:50:07	1:49:51	0:53:44	0:56:23
287	112	majella mcnamara	female	galtee runners	36	1:50:15	1:49:57	0:53:08	0:57:08
288	230	Austin Murphy	male	St Finbarr's	63	1:50:28	1:50:01	0:56:20	0:54:09
289	188	Rita Whelan	female	Bridge Milers	37	1:50:26	1:50:07	0:55:07	0:55:20
290	455	Martin Hartnett	male		40	1:50:29	1:50:07	0:53:21	0:57:08
291	308	Neasa O'Donovan	female	Limerick Triathlon Club	49	1:50:21	1:50:12	0:53:55	0:56:26
292	352	Tony O Donovan	male	None	43	1:50:40	1:50:13	0:55:56	0:54:45
293	219	Gerry Rohan	male		46	1:50:42	1:50:29	0:52:28	0:58:15
294	614	Fergus O'Shea	male	bridge milers	29	1:50:53	1:50:34	0:55:12	0:55:42
295	472	Graham Callanan	male		29	1:51:04	1:50:38	0:57:55	0:53:09
296	343	Danny Mc Carthy	male	Midleton AC	60	1:50:52	1:50:42	0:53:18	0:57:34
297	275	Victor Nelson	male		39	1:51:12	1:50:50	0:56:20	0:54:53
298	121	Aideen Shinnars	female		24	1:51:03	1:50:51	0:56:18	0:54:46
299	310	Katie Buckley	female		30	1:51:26	1:51:10	0:54:04	0:57:23
300	184	Fiona Lynch	female	None	32	1:51:46	1:51:14	0:55:19	0:56:27
301	183	Yvonne Kenny	female		29	1:51:29	1:51:15	0:56:51	0:54:38
302	253	Brian OConnell	male		38	1:51:47	1:51:19	0:54:52	0:56:56
303	370	Denis Kiely	male	NONE	45	1:51:44	1:51:33	0:53:58	0:57:46
304	470	Martin Hastings	male	Bridge milers	40	1:52:07	1:51:47	0:56:15	0:55:52
305	354	Karen Neiland	female		43	1:52:09	1:51:48	0:54:14	0:57:55
306	452	Elizabeth Leonard	female		46	1:52:06	1:51:48	0:54:13	0:57:53
307	136	Joanne Kelly	female		35	1:52:09	1:51:50	0:54:36	0:57:34
308	59	Trevor O'Sullivan	male	None	33	1:52:19	1:51:58	0:54:50	0:57:29
309	615	Ronan Fahy	male		28	1:52:23	1:52:00	0:53:58	0:58:25
310	405	Pat Gilburne	male		37	1:52:40	1:52:18	0:54:50	0:57:50
311	81	KITTH HARRINGTON BUCKLEY	female	st finbarrs	47	1:52:36	1:52:19	0:55:05	0:57:32
312	122	Philip Shinnars	male		51	1:52:49	1:52:37	0:56:18	0:56:32
313	20	David Doyle	Male	North Cork A.C	51	1:52:54	1:52:39	0:53:43	0:59:12
314	56	John Collins	male		36	1:53:36	1:53:08	0:53:28	1:00:08
315	160	William Lyons	male		42	1:53:49	1:53:20	0:54:26	0:59:24
316	606	Rita Brouder	female	na	37	1:53:43	1:53:23	0:57:36	0:56:08
317	145	Ide Curtin	female		42	1:53:46	1:53:26	0:56:58	0:56:48
318	125	Liam O'Hora	male		46	1:53:51	1:53:28	0:58:57	0:54:54
319	140	David Rohan	male	Dooneen	43	1:53:51	1:53:28	0:58:58	0:54:54
320	272	tommy mullane	male		46	1:53:58	1:53:44	0:54:21	0:59:37
321	70	William Duffy	male		34	1:54:32	1:54:08	0:55:34	0:58:59
322	101	Court Richards	male		31	1:54:37	1:54:09	0:58:59	0:55:38
323	611	Maria Walsh	female		21	1:54:21	1:54:11	0:58:14	0:56:07
324	190	Rob Holmes	male		32	1:54:18	1:54:12	0:54:20	0:59:59
325	340	michelle walsh	female	charleville	25	1:54:22	1:54:12	0:58:14	0:56:09
326	239	Dermot Brennan	male	None	36	1:54:41	1:54:19	0:55:56	0:58:46

327	305	Shane OConnell	male		24	1:54:49	1:54:20	0:58:43	0:56:07
328	39	Darragh Wiley	male	Mallow AC	43	1:54:48	1:54:28	0:58:34	0:56:15
329	451	Ultan Savage	male		35	1:54:59	1:54:43	0:56:05	0:58:55
330	454	Tom Casey Entry	male		44	1:54:59	1:54:44	0:56:04	0:58:56
331	331	donncha o connell	male	eagle ac	41	1:55:16	1:54:47	0:58:42	0:56:34
332	165	Joy Barry	female		29	1:54:52	1:54:52	0:56:52	0:58:00
333	456	Mary Reidy	female		36	1:55:02	1:54:55	0:57:11	0:57:52
334	457	Susan fitzgerald	female		39	1:55:02	1:54:55	0:57:12	0:57:51
335	316	Sean Kelly	male	Country Club	43	1:55:06	1:54:56	0:56:19	0:58:47
336	199	Leah Mc Donnell	female		27	1:55:15	1:55:03	0:57:12	0:58:04
337	618	Susan Goodwin	female		31	1:55:22	1:55:04	0:54:49	1:00:34
338	40	John Cooke	male		29	1:55:34	1:55:13	0:55:17	1:00:17
339	344	Robert Merrick	male	Bandon AC	42	1:55:46	1:55:17	0:55:56	0:59:51
340	44	Laura Anglim	female		31	1:55:45	1:55:18	0:56:12	0:59:33
341	55	David Goodchild	male		42	1:55:51	1:55:23	0:56:05	0:59:46
342	175	Eva Szilagyi	female	-	31	1:55:52	1:55:39	0:57:27	0:58:26
343	110	margaret rohan	female	midleton	54	1:56:30	1:56:14	0:57:21	0:59:10
344	607	James Cottam	male		41	1:56:47	1:56:23	0:59:47	0:57:01
345	361	Sarah Clarke	female	Bridge Milers	37	1:56:43	1:56:24	0:56:31	1:00:12
346	135	Martha Eames	female	Bridge Milers	44	1:56:47	1:56:26	0:59:52	0:56:56
347	208	Anne Walsh	Female	St. Finbarrs	48	1:57:09	1:56:53	0:57:13	0:59:57
348	236	Colin McTaggart	male	St. Finbarrs AC	47	1:57:23	1:56:56	0:56:20	1:01:04
349	63	Elaine Hennessy	female	Midleton	54	1:57:50	1:57:33	0:57:38	1:00:13
350	84	patrick o'connell	male	mallow ac	45	1:58:06	1:57:50	0:57:35	1:00:31
351	392	Joe Spillane	male	Galtee runners	35	1:58:12	1:57:51	0:53:49	1:04:24
352	306	Bridget Flynn	female	Gneeveguilla A.C.	34	1:58:15	1:58:00	0:58:48	0:59:28
353	339	Stephen Costello	male		42	1:58:30	1:58:06	0:59:49	0:58:41
354	21	Emma Clery	female		26	1:58:41	1:58:21	0:55:06	1:03:36
355	296	BERNADETTE BARRON	female	WEST LIMERICK AC	60	1:59:42	1:59:19	0:59:52	0:59:50
356	433	Mairead sullivan	female	Athenry ac	32	1:59:42	1:59:23	0:59:53	0:59:50
357	75	Michael murphy	male	none	40	2:00:05	1:59:34	1:01:59	0:58:07
358	174	Bernard Brosnan	male		45	2:00:05	1:59:41	0:59:11	1:00:55
359	335	Barry Lynch	male	(nonoe)	47	2:00:06	1:59:42	0:59:10	1:00:56
360	30	aidan buckley	male	mallow ac	38	2:00:06	1:59:47	0:59:52	1:00:15
361	602	AOIFE CARROLL	female	MALLOW AC	30	2:00:06	1:59:47	0:59:51	1:00:15
362	458	Margaret whyte	female	Ballincollig AC	42	2:00:03	1:59:48	0:57:35	1:02:28
363	399	Catherine Deegan	female		43	1:59:49	1:59:49	0:59:42	1:00:08
364	406	Ann Dalton	female	Galtee Runners	42	2:01:08	2:00:47	0:57:20	1:03:48
365	37	Peter Cunningham	male		31	2:01:11	2:00:50	0:57:30	1:03:41
366	197	martina o'reilly	female	Bridge Milers	32	2:01:44	2:01:25	0:59:06	1:02:38
367	408	Collette Barry	female	Midleton AC	25	2:02:12	2:01:50	1:01:41	1:00:32

368	97	garrett moore	male		35	2:02:25	2:02:00	0:55:35	1:06:51
369	150	Rebecca McLernon	female		26	2:02:20	2:02:14	0:58:52	1:03:29
370	176	Kate Flynn	female	Bridge Milers	31	2:02:43	2:02:22	1:03:35	0:59:08
371	274	Anne Finnan	female	galbally	44	2:02:43	2:02:28	0:59:50	1:02:54
372	466	Ann Hayes Macsweeney	female	eagle ac	53	2:03:24	2:02:59	1:00:40	1:02:45
373	191	Mairead Cronin	female		29	2:03:24	2:03:12	0:58:24	1:05:00
374	92	Brendan O' Carroll	male		33	2:03:52	2:03:27	1:05:23	0:58:29
375	159	Matthew Lyons	male		38	2:04:34	2:04:05	1:00:03	1:04:31
376	128	Michelle Kennedy	female	Limerick	36	2:04:30	2:04:16	0:59:42	1:04:48
377	358	Sinead Nash	female	Bridge Milers	31	2:05:14	2:04:51	1:03:50	1:01:24
378	459	Susana O' Connor	female	Ballincollig AC	39	2:05:29	2:05:14	0:59:41	1:05:48
379	365	Lisa Egan	female	Cork Tri Club	37	2:05:41	2:05:20	0:59:52	1:05:50
380	139	Sinead Costello	female	NA	30	2:06:17	2:06:06	1:00:04	1:06:14
381	78	ANNE HICKEY	female	st finbarrs	46	2:06:25	2:06:07	1:01:50	1:04:36
382	79	MAIRE UI CHONGHAILE	female	DONOUGHMORE	52	2:06:25	2:06:07	1:01:49	1:04:36
383	133	MAIREAD DE SIUN	female		30	2:06:17	2:06:07	1:00:05	1:06:13
384	171	Aidan Holmes	male		29	2:06:48	2:06:21	1:01:11	1:05:37
385	71	Micheal O'Connell	male	N/a	37	2:06:55	2:06:25	1:03:08	1:03:48
386	88	Brian Murphy	male	n/a	30	2:06:58	2:06:28	1:03:08	1:03:50
387	80	FRANCE O SULLIVAN BYRNE	female	riocht	53	2:06:59	2:06:41	1:01:50	1:05:10
388	77	SANDRA O SULLIVAN	female		44	2:06:59	2:06:42	1:01:51	1:05:09
389	469	Mary Mulcahy	female	St Finbarrs	49	2:07:09	2:06:42	1:01:40	1:05:29
390	98	Brenda Gaughan	female	Craughwell	43	2:07:31	2:07:03	1:04:18	1:03:13
391	360	David O Connell	male	none	29	2:07:39	2:07:26	0:59:24	1:08:16
392	200	Vincent Higgins	Male		51	2:08:05	2:07:34	1:01:29	1:06:36
393	210	Breda Barrett	Female		37	2:08:05	2:07:35	1:01:31	1:06:35
394	203	Timmy McCarthy	Male		31	2:08:05	2:08:05	1:01:31	1:06:35
395	180	Joann McDermott	female		36	2:08:37	2:08:12	1:04:31	1:04:07
396	201	Aaron Dennehy	Male	Galtee Runners	41	2:09:06	2:08:43	1:01:52	1:07:14
397	426	Seamus O' Keeffe	male		39	2:09:31	2:09:11	0:58:34	1:10:57
398	362	Fiona Herbert	female		42	2:09:31	2:09:20	0:59:58	1:09:33
399	235	mem long	female	none	25	2:10:16	2:09:52	1:04:12	1:06:04
400	166	Catriona Roche	female		28	2:10:55	2:10:36	1:02:52	1:08:04
401	317	Tom Byrd	male		55	2:11:08	2:10:39	1:02:33	1:08:35
402	187	BRID NASH	female	Bridgemilers	37	2:11:09	2:10:47	1:05:08	1:06:01
403	407	Susan Buckley	female	Midleon av	28	2:11:27	2:11:03	1:05:15	1:06:13
404	465	Marie Ryan	female		43	2:11:31	2:11:05	1:00:36	1:10:55
405	444	Shiela Buckley	female		30	2:11:30	2:11:07	1:05:15	1:06:16
406	269	Eileen Maher	female	Galtee Runners	32	2:11:42	2:11:20	1:05:05	1:06:38
407	394	Fiona Barry	female		31	2:12:35	2:12:06	1:06:35	1:06:00
408	167	Lisa Brenock	female	Galtee Runners	38	2:12:29	2:12:07	1:05:05	1:07:25

409	289	Ingrid Strassburg	female	n/a	33	2:12:29	2:12:13	1:04:37	1:07:52
410	231	Trudy Murphy	female	Wexford Tri Club	34	2:12:45	2:12:17	1:06:35	1:06:11
411	338	Mary Clifford	female		42	2:12:55	2:12:43	1:03:12	1:09:43
412	293	Leonie DOlan	female		23	2:13:09	2:12:50	0:54:48	1:18:22
413	102	Yvonne Murphy	female		33	2:13:24	2:13:00	0:59:53	1:13:31
414	120	Helen Meany	female		42	2:13:25	2:13:09	1:02:12	1:11:13
415	117	Nial O'Farrell	male		34	2:13:42	2:13:10	1:01:52	1:11:51
416	450	Norma HARRINGTON	female	galtee runners	54	2:14:31	2:14:07	1:01:54	1:12:38
417	364	kelly o keeffe	female	none	31	2:14:41	2:14:19	1:04:10	1:10:31
418	333	dawn kennedy	female		34	2:14:41	2:14:20	1:04:11	1:10:31
419	294	Sandra Merriman	female	Bridge Milers	37	2:15:06	2:14:42	1:07:54	1:07:12
420	443	Catrena Carmody	female	Bridge milers	37	2:15:06	2:14:42	1:07:54	1:07:12
421	424	Lucy McCullen	female		39	2:15:28	2:15:10	1:03:18	1:12:11
422	202	Clare O'Leary	Female	Midleton AC	35	2:15:48	2:15:24	1:04:23	1:11:26
423	410	Sinead Ivers	female	Midleton AC	31	2:16:56	2:16:36	1:05:15	1:11:42
424	170	Lorraine Feeney	female		29	2:19:21	2:18:55	1:06:50	1:12:32
425	126	siobhan lewis	female	galtee runners	36	2:22:25	2:22:04	1:08:52	1:13:34
426	26	Jane O'Sullivan	female	BHAA	34	2:22:43	2:22:15	1:06:17	1:16:26
427	359	Tom Fleming	male	Sixmilebridge Milers	47	2:22:44	2:22:20	1:06:05	1:16:39
428	290	Siobhan Stapleton	female		38	2:23:07	2:22:35	1:09:45	1:13:22
429	114	Aoife Healy	female		28	2:22:55	2:22:37	1:07:17	1:15:38
430	378	Agnes Brosnan	female		26	2:22:55	2:22:37	1:07:17	1:15:38
431	151	Julie Gallagher	female	Craughwell AC	43	2:23:13	2:22:46	1:05:16	1:17:58
432	104	Magdalena Faltynkova	female		26	2:24:10	2:23:51	1:07:04	1:17:07
433	377	Brian fitzgerald	male	Mallow AC	33	2:24:48	2:24:19	1:06:53	1:17:55
434	297	eilish kingston	female		42	2:25:41	2:25:09	1:10:14	1:15:28
435	127	rosie cunningham	female	galtee runners	32	2:25:32	2:25:11	1:08:54	1:16:39
436	213	John Casey	Male	Galtee Runners	53	2:25:39	2:25:16	1:08:52	1:16:47
437	371	colette moynihan	female	lisgoold	45	2:25:55	2:25:24	1:10:08	1:15:48
438	372	angela o leary	female	lisgoold	41	2:25:55	2:25:24	1:10:08	1:15:47
439	309	Catherine Crowe	female		38	2:27:08	2:26:45	1:09:20	1:17:48
440	369	AINE DORGAN	female	lisgoold	38	2:29:25	2:28:55	1:10:08	1:19:18
441	103	Catriona Kelly	female	Fenit Navigators	32	2:29:41	2:29:16	1:10:45	1:18:57
442	189	Jer O'Sullivan	male	Doonen	33	2:30:54	2:30:23	1:08:56	1:21:58
443	209	Elizabeth O'Connell	Female		44	2:34:07	2:33:51	1:09:43	1:24:24
444	115	EIBHLIN CASSIDY	female		38	2:37:14	2:36:46	1:11:13	1:26:01
445	380	Audrey Dillion	female		43	3:27:40	3:27:19	1:28:20	1:59:21
446	381	Jean Gauton	female		39	3:27:40	3:27:40	1:28:25	1:59:16